Jackie Price, Director

847-3141



Lighter Side



"I always bring Rusty with me. A 10 minute walk equals a 70 minute walk in dog yearst"

Dry Bones ELDERLY COUPLE



Published by the Bear Lake Valley Health Care Foundation for Valley Seniors

Bear Lake Seniors Newsletter

INFORMING SENIOR CITIZENS OF BEAR LAKE COUNTY



Letters Alert
Eligible
Medicare
Beneficiaries to
Missed Benefits

During the week of May 17th, 2016, Social Security began mailing letters to Medicare beneficiaries who may be eligible for help with their out-of-pocket medical and drug expenses. The Idaho **Department of Insurance's Senior Health Insurance Benefits** Advisors (SHIBA) encourages beneficiaries who receive these letters to take action to learn more about the Medicare Savings Program (MSP) and Extra Help.

The letters are sent annually to people with Medicare who have limited incomes who could be eligible for, but are not enrolled in, an MSP, which can help with Medicare out-of-pocket costs. These people may also be eligible for Extra Help, which helps with the costs of prescription drugs.

"These letters are not a scam," says SHIBA supervisor, Shannon Hohl. "They are an important notification that Medicare beneficiaries should review and consider. We can help determine if they are eligible, apply, enroll, and even understand how to use their new benefits once they are approved."

Anyone receiving a letter, or who believes they or a loved one may be able to get help from these programs, should contact SHIBA. The local certified counselor is Kim Hulme, who may be reached at 847.0949. Kim can also help those whose medications are not covered under their Part D plan, as well as those who are in the "donut hole" or GAP in coverage under their Part D plan.

Page 2 Volume 19 Issue 6

Activities at the Skilled Nursing Facility

The month of May has been a very wet one. We have been able to get outside for a few w/c rides this month. We got to go on our first bus ride to Glenndale Reservoir this month thanks to Andrea for being a life saver. We appreciate her very much. This month we have had a peanut auction, peanut butter ping pong game, chair hockey, nerf guns, and we are going to try painting with squirt guns. We have are finger nails painted once a week and a pedicure once a month everyone looks forward to these days. Of course there is bingo two times a week. We are thankful to Cordell and Shelly for performing for us each month. We would like to give a BIG thanks to St. Charles ward for coming each Friday for ward program. We can't forget our black four legged friend Jasmine she is the bight spot in our Fridays. We also want to thank the ladies that come each week for Relief Society and church. We could not do it with out each one of you. We are looking forward to some sunshine and being able to get outside more in June. Until next time...

- SNF Activities Tausha, Kristen and Mandy

We have openings for a tour or information call 847.4442 We achieved a 4 Star Rating with Medicare!!

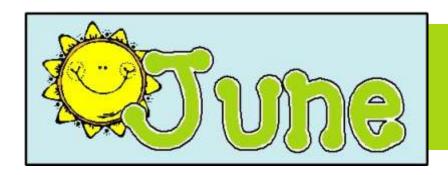
Life at Bear Lake Manor

Greetings from the Manor. Happy Spring, hopefully we are in for better weather! We are getting ready for the planting season. We have gotten flowers for pots on our patio. The Residents get excited for Bingo days,. They usually win money and candy. We also enjoy the entertainment and thank those who help with that. We've loved our bus trips. This past month went to Thunder Mountain, the Soda Springs Geyser, around the Lake and throughout the Valley. A highlight was seeing some beautiful peacocks. We took pictures and they are now hanging in our activity room. We want to welcome our newest residents. See you all next month.

— Paula Ochsenbein Activity Director

For more information about Bear Lake Memorial's Assisted
Living Center—The Manor call Larae at 208.847.2400
for questions or a private tour.

Volume 19 Issue 6 Page 3



Serving starts at 12:00 Noon 847-3141

Menu Subject to Change Without Notice - Meal Costs \$5.00 Regardless of Age

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			BINGO 1 @10:30am Chicken Al fredo	2 Navaj o Tacos	Sal 3 Sellars @11:30am Ham	4
5	6	Soup & Sandwich Art Guil d 8:30AM	Bingo 8 @10:30am Chicken Fried Steak	9 Soup & Sandwich	Chief 10 Roper @ 11:30am Turkey Dinner	11
12	13	Soup & Sandwich Art Guil d 8:30AM	Bingo @10:30am Frito Pie	16 Soup & Sandwich	Social 17 Hour @ 11:30am Chicken Cordon Bl eu	18
19	20	21 Navaj o Tacos Art Guil d 8:30AM -	Bingo 22 @10:30am BBQ Pork Ribs	23 Soup & Sandwich	Ed 24 Lyon @ 11:30AM Roast Beef	25
26	27	Soup & Sandwich Art Guil d 8:30AM	Bingo @10:30am ————— Beef Enchil adas	30 Soup & Sandwich		

Volume 19 Issue 6 Page 4

The Community Center is available for Reunions & Banquets

The Grace Thiel Community Center can accommodate class & family reunions. Center availability can include meal service or just building rental.

Call Jackie at 847-3141 for details.



Attention: The Bear Lake Community Center is operated in accordance with U.S. Department of Agricultural policy which prohibits discrimination on the basis of race, color, sex, age, handicap, religion or national origin. Any person who believes they have been discriminated against in any USDA related activity, should write to: Administration, Food & Nutrition Services, 3101 Park Center Drive, Alexandria, VA 22302.

Idaho Senior Legal Hotline

The Idaho Senior Legal Hotline is a statewide, toll-free, client access system for people 60 years of age & older. It is designed to help seniors obtain free legal assistance with civil legal problems. If you have questions or concerns please contact Angela Jensen, Attorney at Law by calling toll free 1-866-345-0106. You can also go to www.idaholegalaid.org to find information about laws that affect you.

Grace Thiel Community Center Hospital Plaza Montpelier, ID 83254 PRSRT STD US POSTAGE

MONTPELIER,ID
PERMIT NO. 14

PAID