

Published by the Bear Lake Valley Health Care Foundation for Valley Seniors

Bear Lake Seniors Newsletter

INFORMING SENIOR CITIZENS OF BEAR LAKE COUNTY



Jackie Price, Director

847-3141



Lighter Side



"I didn't forget Valentine's Day, but in these times of economic and environmental crisis...do you REALLY want me to buy you expensive paper products?"

New Medicare Cards Coming in 2018

58 million Medicare beneficiaries will receive new Medicare cards beginning April 2018. CMS hopes to have all of the cards mailed by April 2019. You do not need to do anything to have the card mailed to you. As long as Medicare and Social Security have your current address, the card will **automatically be mailed to you.** **Don't be concerned if you don't receive your card the same time as your spouse or your neighbor receives their card.** The new cards will have a new Medicare Beneficiary Identifier (MBI) and will consist of 11 letters and numbers, which are "non-intelligent," meaning they have no connection to any personal information about you, such as date of birth or where you were born, etc. It is hoped that assigning beneficiaries a new random number will help alleviate identity theft and Medicare fraud.

It is important to note that your coverage or benefits will not change and that your Medigap (supplemental) insurance will not be affected.

As is expected, scams relating to the new card are already surfacing. According to the Justice Department, the number of identity theft cases for people over 65 was 2.6 million in 2014. Each year, the numbers go up. Here are three common tactics scammers are using:

Rip-off artists call beneficiaries and tell them they can speed up the process of receiving a new card so the Medicare recipient won't have any trouble when they go to a doctor's office or hospital. Scammers then ask the beneficiary for their personal information, such as bank account number, social security numbers, etc. (Your old Medicare number will be good until December 31st, 2019, and you won't be denied services because you don't have your new card.)

You get a phone call saying that you will receive your new card as soon as you pay. Hang up! The new card is free.

Scammers pretending to be from CMS call you and say they don't have the correct information on you and need it to mail you the new card. You're told you will lose benefits if you don't give the information.

Remember: MEDICARE OR SOCIAL SECURITY WILL NEVER CALL YOU ASKING FOR INFORMATION. THEY ALREADY HAVE YOUR INFORMATION. DO NOT GIVE OUT ANY PERSONAL INFORMATION OVER THE PHONE TO ANYONE UNLESS YOU HAVE INITIATED THE PHONE CALL.

For questions about Medicare related subjects, call the local SHIBA agent, Kim Hulme at 208.847.0949.

Activities at the Skilled Nursing Facility

Hello everyone! We celebrated the New Year at 12:00 p.m. We had sparkling cider and noise makers. We have had root beer floats, pedicures, played Wii bowling, we knocked blue solo cups down with snowballs, played peanut butter ping pong, Uno attack.

We also made stuffed cookies and put different candy bars in them, we also did a shaving cream craft, we have enjoyed Cordell and Shelly and Destiny as are entertainers this month.

We have gone on several van rides to Afton to see the temple. We look forward to are Sweetheart banquet in February. We will see you next month.

SNF Activities Staff: Tausha, Carol and Diane

*We have openings, for a tour or information call 847.4442
We achieved the highest rating level at 5 Stars with Medicare!*

Life at Bear Lake Manor

Happy January!! This month has gone so fast. Hopefully Spring is right around the corner. The assisted living residents enjoyed playing bingo, balloon toss, and ring toss. For our entertainment we had Cordell and Shelly Green, Mike Bateman, and Destiny Hunzeker. Thank you to all those who come and volunteer their time. We also took a bus trip to Star Valley and had ice cream. We want to thank Frank Vilt for driving us.

As always, we want to extend a big welcome to our newest residents to the Manor. See you next month! Activities Director: Paula Ochsenbein

*For more information, a private tour, or to get on our
activities calendar call Larae at 208.847.2400*



February

Serving starts 11:30 Tue - Thur, Noon Fridays
847-3141 Meals for 60 & under \$6.00

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>BURGERS AVAILABLE</p> <p>EVERYDAY \$3.00</p>				1 Chicken Noodle Soup	2 Turkey <hr/> Marden Phelps 11:30	3
				4	5	6 Navajo Tacos <hr/> Art Guild 8:30AM
11	12	13 Cream of Cauliflower <hr/> Art Guild 8:30AM	14 Bingo @10:30am <hr/> Spaghetti <hr/> Yoga 6 p	15 French Dip Sandwich & Soup	16 Ham <hr/> Michelle Humpherys 11:30	17
18	19	20 Italian Noodle <hr/> Art Guild 8:30AM	21 Bingo @10:30am <hr/> Roast Pork <hr/> Yoga 6 p	22 Navajo Tacos	23 Meatloaf <hr/> BINGO & Social Hour 11:30	24
25	26	27 Tacos <hr/> Art Guild 8:30AM	28 Bingo @10:30am <hr/> Chicken cordon Bleu <hr/> Yoga 6 p			



Saturday, February 17th
Middle School Gym
7:00 - 11:00 pm

Tickets available at
Auxiliary Thrift Store
and Hospital Front Desk.

\$5 Student
\$10 Individual
\$25 Family



A Community Event for the Whole Family
Proceeds benefit a MRI Suite for Bear Lake Memorial Hospital

Attention: The Bear Lake Community Center is operated in accordance with U.S. Department of Agricultural policy which prohibits discrimination on the basis of race, color, sex, age, handicap, religion or national origin. Any person who believes they have been discriminated against in any USDA related activity, should write to: Administration, Food & Nutrition Services, 3101 Park Center Drive, Alexandria, VA 22302.

Idaho Senior Legal Hotline

The Idaho Senior Legal Hotline is a statewide, toll-free, client access system for people 60 years of age & older. It is designed to help seniors obtain free legal assistance with civil legal problems. If you have questions or concerns please contact Angela Jensen, Attorney at Law by calling toll free 1-866-345-0106. Go to www.idaholegalaid.org to find information about laws that affect you.

The Grace Thiel Community Center is available for Reunions & Banquets

The Community Center can accommodate class & family reunions. Center availability can include meal service or just building rental.

Call Jackie at 847-3141 for details.

Grace Thiel Community Center
Hospital Plaza
Montpelier, ID 83254

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