

Published by the Bear Lake Valley Health Care Foundation for Valley Seniors



Jackie Price, Director

847-3141



Lighter Side



Bear Lake Seniors Newsletter

INFORMING SENIOR CITIZENS OF BEAR LAKE COUNTY

Hearing Aid Assistance

Hearing loss creates confusion, frustration and isolation for **those who experience it. If we don't struggle with this ourselves, we most certainly know someone who does.** Adding to the frustration is the fact that hearing loss tends to occur most frequently among the aging population and Medicare, the standard health care for those who are over 65 years of age or disabled, does not help with the cost of hearing aids. It is not uncommon for a Medicare beneficiary to need hearing aids, but **can't afford them.**

The Starkey Hearing Foundation Hear Now program may be **able to help those who are financially strapped and can't afford** hearing aids. The foundation provides assistance to just such individuals. There is an application processing fee of \$125 per hearing aid requested. When an application is approved, aids are given to the applicant at no additional cost.

Hear Now serves low income individuals, *of any age*, who permanently reside in the U.S. that have no other resources to acquire hearing aids. Anyone having a benefit for hearing aids, in part or total, is encouraged to call and discuss their individual situation.

The hearing aids provided are Behind the Ear models, and are new. Custom hearing aids are not provided by Hear Now. Starkey Hearing Foundation-Hear Now program offers help to low income individuals.

Call 800-328-8602 to discuss eligibility with a Hear Now representative or email: hearnow@starkey.com to request an application for assistance.

*This information is provided by the Idaho Senior Health Insurance Benefits Agency (SHIBA). Our local SHIBA counselor/partner is Kim Hulme 847.0949.

Activities at the Skilled Nursing Facility

This past month residents living in the Skilled Nursing Facility celebrated the 4th of July with a holiday BBQ lunch. Music filled the facility when Shirley Harris came to play the piano for a Singalong, and when Cordell and Shelly Green sang and played their guitars. Residents played Bingo on Mondays and Thursdays, had van rides and lunch outings on Wednesdays, and enjoyed the smell and taste of fresh homemade bread each Tuesday. On Fridays residents participated in crafts and cooking activities. Twenty-one residents were able to watch the Car Show Parade which was rerouted so residents could watch the parade while sitting in front of the facility. **Some residents were able to attend the musical production of “Seven Brides for Seven Brothers” held at the Oregon Trail Center. The Montpelier Quilt Guild came and residents enjoyed a quilt show.** Ice cream sundaes were served each Sunday afternoons to residents, as well as those who were here visiting their friends or family. We invite you to join us in August for more summertime activities and events.

- SNF Activities Staff: Diane, Carol and MaKayla

*We have openings, for a tour or information call 847.4442
We achieved the highest rating level at 5 Stars with Medicare!*

Life at Bear Lake Manor

Greetings from the Bear Lake Manor. We had a patriotic sing-a-long with Marge and her family members on July 3rd. Cindy and her girls sang on the 7th. We had a lot of fun with Bingo and Balloon Toss this month. We went up Mill Canyon on our bus trip. We also drove to Palisades and had a great time.

Thank you for all the entertainment people. Ben Cleveland does an amazing job yodeling. On the 11th, we had a hot dog lunch and roasted marshmallows to make smores on the patio!

We want to welcome our newest staff members. See you all next month!

- Paula Ochsenbein, Activity Director

*For more information, a private tour, or to get on our
activities calendar call Larae at 208.847.2400*



August

Serving starts 11:30 Tues - Thurs, Noon Fridays
847-3141 Meals for 60 & under \$6.00

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Every Wednesday @ Noon is a meet the Specialist Program		BURGERS AVAILABLE EVERYDAY \$3.00	Bingo 1 @10:30 a Chicken Pot Pie <hr/> Ramsey Mil es, DPT	Shrimp 2 Stir Fry <hr/> Fit & fall Proof 1 p	Turkey 3 <hr/> ED LYONS 11:30 am	4
		5	6	Navajo 7 Tacos <hr/> Art Guil d 10 a <hr/> Fit & fall Proof 1 p	Bingo 8 @10:30 a <hr/> Ham <hr/> Miracl eEar Noon	Gril led 9 tuna <hr/> Fit & fall Proof 1 p
12	13	14 CLOSED	15 FOR	16 FAIR	17 WEEK	18
19	20	chicken 21 cordon bleu <hr/> Art Guil d 10 AM <hr/> Fit & fall Proof 1 p	Bingo 22 @10:30 a <hr/> Chicken fried steak <hr/> BLMH Dr. Jepsen Noon	Navajo 23 Tacos <hr/> Fit & fall Proof 1 p	24 Pork Roll Ups <hr/> Chief Roper 11:30 am	25
26	27	HAM & 28 Cheese Sandwich <hr/> Art Guil d 10 AM <hr/> Fit & fall Proof 1 p	Bingo 29 @10:30 a <hr/> Porcupine Meatbal ls <hr/> BLMH's RD Amy Hanneke	30 Fried Chicken <hr/> Fit & fall Proof 1 p	31 Lemon Pepper Fish <hr/> Social Hour	1

Fit and Fall Proof™



Location: Bear Lake Senior Center/Community Center
300 Hospital Plaza, Montpelier

Days: Tuesdays & Thursdays

Time: 1:00 p.m. – 2:00 p.m.

Remember to:

- Dress comfortably
- Wear sensible footwear
- Bring water

For more information, please contact Jackie Price at 208-847-3141.



Attention: The Bear Lake Community Center is operated in accordance with U.S. Department of Agricultural policy which prohibits discrimination on the basis of race, color, sex, age, handicap, religion or national origin. Any person who believes they have been discriminated against in any USDA related activity, should write to: Administration, Food & Nutrition Services, 3101 Park Center Drive, Alexandria, VA 22302.

Idaho Senior Legal Hotline

The Idaho Senior Legal Hotline is a statewide, toll-free, client access system for people 60 years of age & older. It is designed to help seniors obtain free legal assistance with civil legal problems. If you have questions or concerns please contact Angela Jensen, Attorney at Law by calling toll free 1-866-345-0106. Go to www.idaholegalaid.org to find information about laws that affect you.

The Grace Thiel Community Center is available for Reunions & Banquets

The Community Center can accommodate class & family reunions. Center availability can include meal service or just building rental. Call Jackie at 847-3141 for details.

Grace Thiel Community Center
Hospital Plaza
Montpelier, ID 83254

PRSR STD
US POSTAGE
PAID
MONTPELIER, ID
PERMIT NO. 14